



**SULLIVAN RETIREMENT
RESIDENCE**

**FOOD
MENU**

WESTERN CLASSICS:

1 MINI GRILL

Bacon, Grilled Tomato, Two Eggs, Potato Cake, Spinach, Mushrooms, and Toast



2 OMELETTE

Toast and Butter Slices of Avocado Cheese and Mushroom French Fries



3 CRISPY BAGUETTE

Lettuce, Tomato and Mustard Dressing

- (add) Chicken
- (add) Pork
- (add) Beef
- (add) Fish
- (add) Poached Eggs



4 BLT SANDWICH

Bacon, Lettuce, Tomato and Mayo on Brown Bread



5 BIG MO CHICKEN

Succulent Chicken Breast, Cheese, Lettuce, Tomato, Onion and Mayonnaise

- Ciabatta Bun or Sliced Brown Bread



6 BAKED POTATO

- Chicken, Cheese and Onion
- Lok Lak Khmer Beef Style Filling
- Mushroom, Balsamic Onion, Cherry Tomato



7 PAN FRIED FISH AND MANGO SALAD

Boneless White Fish Mango Salad



8 FISH AND CHIPS

Hand Cut Chips, Delicate Batter, Tartare Sauce, Tomato Sauce, and Peas



9 BEEF BURGER

Succulent Beef, Lettuce, Tomato, Gherkin and Onion

- (add) Cheese
- (add) Bacon



WESTERN CLASSICS:

10 CHICKEN BURGER

Pan Fried Chicken Breast with Cheese, Bacon, Lettuce, Onion, Tomato, Gherkin and Homemade Coleslaw



11 BEEF LASAGNE

Rich Creamy Pasta, Minced Beef, Small Side Salad, and Ciabatta Bread



12 BEEF SPAGHETTI

Tomato Sauce, Minced Beef, Garlic, and Herbs



13 VEGAN GRILL

Crispy Tofu, Spinach, Grilled Tomato, Mushrooms, Red Kidney Beans and Toast



14 POTATO CAKES

- (i) Poached Egg
- (ii) Chicken and Cheese
- (iii) Bacon and Feta Style Cheese



15 BREAKFAST BOWL

Yellow Rice, Avocado, Cherry Tomatoes, Mango, Cucumber, Celery, Ginger Pickle, Raisins, Pumpkin Seeds, Soup, and Dressing

- (add) Chicken
- (add) Pork
- (add) Tofu



16 FRIED CHICKEN LEG OR BREAST

Pan Fried Chicken or Deep Fried Chicken in Breadcrumbs

- (add) Rice
- (add) French Fries



17 VEGETABLE SOUP

Carrot, Cauliflower, Broccoli, Potato, Pumpkin, Cabbage, Bok Choi, and Onion:

- (add) Chicken
- (add) Pork
- (add) Beef
- (add) Tofu



18 CHICKEN CURRY

Tender Pieces of Chicken Simmered in a Rich Sauce of Onion, Garlic, Ginger, Tomato, and Mild Curry Spices



WESTERN CLASSICS:

19 CIABATTA BUN

- (i) Homemade Coleslaw, Avocado, Fried/Poached Egg, Bacon, and Mayonnaise
- (ii) Beef, Onion and Mayonnaise



20 SMASHED AVOCADO

- Multigrain Bread, Avocado, Cherry Tomatoes, Rocket Lettuce, Pumpkin Seeds, Olive Oil
- (add) Egg
 - (add) Bacon



21 SCRAMBLED EGGS

Three Eggs Cooked using Butter, Grilled Tomato, Toast and Butter



22 PANCAKE STACKS

- (add) Banana and Honey
- (add) Fried Egg, Cheese, and Sausage



23 DEEP FRIED BATTERED FISH

Golden Breadcrumb Batter with Small Plate Salad



24 PUMPKIN SOUP

Pumpkin, Fresh Milk, Oregano, Olive Oil, Garlic, Spring Onions, Seasoning, and Sliced Baguette



25 BRIOCHE BUN

- (i) Avocado, Bacon, Egg, Homemade Coleslaw
- (ii) Spicy Beef, Friend Egg, Cheese



26 VEGAN SANDWICH

- Healthy Vegan Brown Bread, Avocado, Tomato, Mango, Grated Carrot, Cucumber, and Avocado Dressing



SALAD SPECIALITIES:

27 GREEN MANGO SALAD

Green Mango Carrot, Tomato, Garlic, Red Onion, Fish Sauce and Herbs

- (add) Chicken
- (add) Pork
- (add) Shrimp



31 SPECIAL KHMER BEEF SALAD

Beef, Long Bean, Carrot, Pepper (Yellow, Green, Red), Tomato, Onion, Cabbage, Galangal, Lime Leaf, Lime Juice, Lemongrass, Basil and Nuts - Traditional Spicy Sauce



28 PROTEIN SALAD

Veggie Salad

- (add) Chicken
- (add) Pork
- (add) Beef
- (add) Egg
- (add) Tofu



32 SMOKED SALMON SALAD

Organic Lettuce, Red Onion, Cherry Tomato and Local Microgreens



29 FRIED FISH AND POMELO SALAD

Shrimp, White Fish, Pomelo, Cabbage, Cucumber, Tomato and Carrot



33 PAPAYA SALAD

Papaya, Carrot, Tomato, Garlic, Red Onion, Fish Sauce, Cabbage, Long Bean, Herbs, and Nuts



30 VEGGIE SALAD

Organic Lettuce, Cucumber, Carrot, Peppers, Cherry Tomatoes, Apple and Sweet Corn, Dice Potatoes, and Microgreens

- (add) Feta Style Cheese



34 BANANA BLOSSOM SALAD

Banana Flower, Carrot, Mixed Herbs, Lime, Garlic, Red Onion, Chilli, Spicy Sauce, and Peanuts



DRESSING CHOICES (ALL SALADS ABOVE)



- Olive Oil
- Special Dressing
- Apple Cider Vinaigrette
- Avocado Dressing
- Balsamic Vinegar



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TRADITIONAL KHMER:

35 TOM YAM SOUP

Tomato, Mushroom, Onion, Lemongrass, Lemon Leaf, Garlic, and Chilli

- (add) Chicken
- (add) Rib Pork
- (add) Shrimp



40 NOM BANH CHOK SOMLOR PROHER

Khmer Rice Noodle in Traditional Coconut Milk, Seasonal Vegetables, Banana Flowers, and Herbs



36 MACHOU KTIS

Pineapple, Small Eggplant, Chilli, Kroeung Seasoning Paste, Chilli and Coconut Milk

- (add) Chicken
- (add) Rib Pork
- (add) Fish
- (add) Tofu



41 BEEF LOK LAK

- (1) Khmer Beef
- (2) Australian Beef



37 FISH AMOK

Tonle Sap White Fish, Galangal Turmeric, Garlic, Lemongrass, Lemon Leaf, Chilli, and Coconut



42 CHAR CURRY

Long Bean, Potato, Pumpkin, Eggplant, Onion, and Coconut Milk, Chilli, Khmer Seasoning

- (add) Chicken
- (add) Beef
- (add) Pork
- (add) Fish
- (add) Tofu



38 PRAHOK KTIS

Fermented White Fish, Pork, Chilli, Eggplant, and Coconut Milk



43 MACKEREL NOM BANH CHOK

Succulent Mackerel in White Wine with Traditional Khmer Nom Banh Chok



39 KUY TEAV NOODLE SOUP

Rice Noodles, Bean Sprouts, Bok Choi, Spring Onion and Fried Garlic

- (add) Chicken
- (add) Pork
- (add) Beef
- (add) Tofu



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TRADITIONAL KHMER:

44 CHAR KREOUNG

Long Beans, Peppers, Onions, Carrots, and Kreoung Seasoning Paste

- (add) Chicken
- (add) Pork
- (add) Beef
- (add) Tofu



45 BAI SACH MOAN/CHROUK

Rice, Sliced Chicken/Pork, Fried Egg, Ginger and Radish Pickle, and Small Soup



46 FRIED SHRIMP AND GREEN PEPPER

Shrimp with Kampot Pepper



ASIAN DELIGHTS:

47 VEGETABLE STIR FRY

- (add) Chicken
- (add) Beef
- (add) Pork
- (add) Tofu



49 BLACK MUSHROOM ON CABBAGE

- (add) Chicken
- (add) Beef
- (add) Pork
- (add) Tofu



48 STIR FRY MUSHROOM AND BROCCOLI

- (add) Chicken
- (add) Pork
- (add) Shrimp
- (add) Tofu



50 SPICY CHICKEN OR BEEF:

Lemongrass, Red Onions, Turmeric, Lemon Leaf, Garlic, Chilli, and Holy Basil



ASIAN DELIGHTS:

51 STIR FRY PINEAPPLE

- (add) Chicken
- (add) Beef
- (add) Pork
- (add) Tofu



56 ROASTED EGGPLANT

- (add) Chicken
- (add) Pork Rib
- (add) Fish
- (add) Tofu



52 FRIED RICE

- (add) Chicken
- (add) Pork
- (add) Shrimp
- (add) Tofu



57 SPRING ROLLS

- (i) Fresh Spring Rolls
- (ii) Fresh Spring Rolls with Shrimp
- (iii) Fresh Spring Rolls with Chicken



53 LOTUS SOUP

Lotus Seeds,
Lotus Tunbor,
and Zucchini



58 BOK CHOI OR MORNING GLORY AND RICE

- (add) Chicken
- (add) Pork Rib
- (add) Fish
- (add) Tofu



54 SWEET AND SOUR STIR FRY

- (add) Chicken
- (add) Pork Rib
- (add) Fish
- (add) Tofu



59 FRIED NOODLES

- (add) Chicken
- (add) Pork
- (add) Beef
- (add) Shrimp
- (add) Tofu



55 BLACK MUSHROOM ON CABBAGE

- (add) Chicken
- (add) Pork
- (add) Beef
- (add) Shrimp
- (add) Tofu





Important:

Lunch will be delivered at 12:00pm

(Orders need to be placed before 10:00am)

Dinner will be delivered at 6:00pm

(Orders need to be placed before 4:00pm)

To place your order please message via Whatsapp or speak directly to a member of staff at reception. After placing your order, please state whether you would like your meal delivered directly to your apartment or at the communal area found at the Sky Bar.